



## Mentors

An 'active citizen' mentor is..... Someone who can help and guide you towards becoming a more active citizen.

We can try to find you a 'mentor' to take you to see what kinds of things they do to improve their neighbourhood or local area.

We have mentors who have come to the UK from other European countries, and have found that getting involved in the community here has helped them to settle, and to make more friends here too.

You can meet with them more than once if you would like to. Here are some *examples* of the kinds of activities a mentor could introduce you to – if you have other interests that are not here, that's okay:

- Being a local councillor
- Being a school classroom assistant
- Being a charity shop volunteer
- Being a community worker
- Setting up a sports group
- Visiting older people
- Helping at a church/religious group
- Helping at a centre for homeless people
- Being a bi-lingual helper in a community project

**So if you think you would like an active citizen mentor, please tell us:**

Your name: \_\_\_\_\_

What you are interested in:

\_\_\_\_\_

Why you are interested in that:

\_\_\_\_\_

How you think it might help you to have a mentor:

\_\_\_\_\_

Please email this form back to: [sue.hay@eelga.gov.uk](mailto:sue.hay@eelga.gov.uk) & [Rachel.heathcock@eelga.gov.uk](mailto:Rachel.heathcock@eelga.gov.uk)