
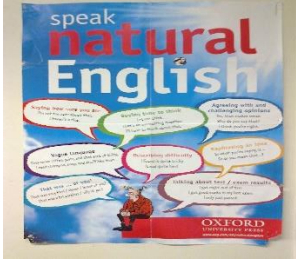











Luton - 10 Local Organisations to help you as an Active Citizen

Organisation	Name & Role	Contact Details	How they can help you
Community Voluntary Service, Bedfordshire	Paul Atkin, Volunteering Adviser 	(t) (01234) 354366 (e) paul@cvsbeds	They can help to find the best volunteering opportunity for you. Drop in on Thursday mornings at CVS, 43, Bromham Road, Bedford, MK40 2AA.
Luton Adult Learning	Farida Shafiq, ESOL Programme Leader	Lea Manor Campus, Northwell Drive, Luton, LU3 3TL (t) 01582 490033 (e) Farida.Shafiq@lutonacl.ac.uk	They can provide you with English language classes at all levels. 
Luton Borough Council	Electoral Services	Contact electoral services at electoralservices@luton.gov.uk or call 01582 510380.	If you are unable to register to vote online, they can help you. 

Luton Borough Council	 <p>Grant Funding</p>	http://www2.luton.gov.uk/community/index.html	The council has a web page to help you find funding for your community or voluntary organisation.
Luton Borough Council	<p>Volunteering</p> 	https://www.luton.gov.uk/Community and living/volunteering/Pages/default.aspx	The council also has a web page to help you with all aspects of community living, including volunteering.
Luton Irish Forum	 <p>Terri Brooks, Engagement & Volunteer Officer</p>	<p>Luton Irish Forum, Kathleen Connolly House, 102 Hitchin Road, Luton LU2 0ES (t) 01582 720 447 (e) info@lutonirishforum.org</p>	 <p>LUTON IRISH FORUM</p> <p>They can provide you with volunteering opportunities at their venue, where they now work with people of all cultures to improve quality of life and increase social inclusion.</p>
<p>Polish British Integration Centre (PBIC)</p> 	Mags Brady, PBIC Manager	<p>1, Lurke Street, Bedford, MK40 3TN (t) (01234) 328100 (e) info@pbic.co.uk</p>	<p>They can provide you with a range of services (not only for Polish people)</p> <ul style="list-style-type: none"> • Free ESOL classes • General Advice (housing, healthcare, education, benefits) • Careers Advice (CVs, Job-search, Interviews, applications) • Social and Integrational events • Interpreting/Translation • Polish Language classes

<p>Uprising</p> 	<p>Ryan Gray, Bedford & Luton Programme Project Manager, Uprising</p>	<p>(m) 07467 148 173 (e) ryan.gray@uprising.org.uk</p>	<p>They are a UK-wide youth leadership development organisation for 16-25 year olds from diverse and under-represented backgrounds. They run programmes in selected areas around the country, including Luton.</p>
<p>Victim Support</p>	<p>Victim Care Team, Bedfordshire</p> 	<p>0300 303 0165. Monday to Friday 10.30am-6.30pm and Saturdays 10am-4pm. Or call the Supportline for free on 08 08 16 89 111</p>	<p>They are an independent charity which can give you emotional and practical help if you have been affected by crime in Bedfordshire, whether you've contacted the police or not.</p>
<p>Volunteer Centre, Luton and Volunteer Centre, Central Bedfordshire</p>	<p>Kay Henderson, Volunteering Adviser</p> 	<p>01525 850559 (e) kay@action-centralbeds.org.uk</p>	<p>They provide information, advice and guidance to those interested in volunteering.</p>